

## Vegetarian Main Courses

<b>Garlic Vegetables</b> Fresh vegetables in highly flavoured garlic sauce.	7.50	<b>Vegetable Chilli Masala</b> Prepared in fresh hot chillies and coriander sauce.	7.95
<b>Vegetable Dhansak</b> Slightly hot, sweet & sour sauce with lentils.	7.50	<b>Vegetable Balti</b> A variety of fresh vegetables in special balti sauce.	8.50
<b>Vegetable Kurma</b> Fresh vegetables in mild and creamy sauce.	7.50	<b>Spicy &amp; Hot Vegetables</b> Selection of stir fried vegetables with fresh hot chillies.	8.50
<b>Vegetable Jalfrezi</b> Fairly hot, with onions, capsicum and fresh chillies.	7.50	<b>Chilli Paneer</b> Tangy tamarind, chilli flavoured sauce	9.95
<b>Vegetable Masala</b> Fresh vegetables in special yoghurt sauce.	7.95		

## Vegetarian Side Dishes

<b>Vegetable Curry</b> Variety of vegetables in medium sauce.	4.50	<b>Saag Bhaji</b> Lightly spiced fresh spinach with a hint of butter.	4.50
<b>Mixed Dry Vegetables</b> Variety of stir fried vegetables.	4.50	<b>Chana Masala</b> Spicy chick peas with herbs & spices.	4.50
<b>Bombay Aloo</b> Spicy potatoes.	4.50	<b>Saag Paneer</b> Fresh spinach with home made cheese.	4.50
<b>Aloo Gobi</b> Potato & cauliflower.	4.50	<b>Mattar Paneer</b> Spicy chick peas with home made cheese.	4.50
<b>Saag Aloo</b> Spinach & potato.	4.50	<b>Tarka Dall</b> Lentils with fried garlic & coriander.	4.50
<b>Cauliflower Bhaji</b> Spiced cauliflower.	4.50	<b>Masala Dall</b> Lentils with herbs & spices.	4.50
<b>Mushroom Bhaji</b> Spiced mushrooms.	4.50	<b>Raitha</b> Cucumber or onion in yoghurt.	3.50
<b>Brinjal Bhaji</b> Spiced aubergine.	4.50		

## Sundries

<b>Pilau Rice</b> Basmati rice with light spices & butter.	2.95	<b>Garlic Naan</b> Topped with garlic butter & coriander.	3.50
<b>Plain Rice</b> Boiled rice.	2.75	<b>Garlic &amp; Cheese Naan</b> Topped with garlic & cheese.	3.95
<b>Special Fried Rice</b> Flavoured rice with egg & peas.	3.95	<b>Special Naan</b> Stuffed with keema, chicken, chilli & garlic	4.50
<b>Mushroom Rice</b> Flavoured rice with mushrooms.	3.95	<b>Paratha</b> Fresh Indian bread fried in butter.	3.50
<b>Vegetable Rice</b> Flavoured rice with mixed vegetables.	3.95	<b>Stuffed Paratha</b> Stuffed with vegetables fried in butter.	3.75
<b>Bengali Rice</b> Bangladeshi style fried rice	4.25	<b>Chapati</b> Soft, thin dry bread.	1.95
<b>Keema Rice</b> Flavoured rice with minced lamb.	4.25	<b>Chips</b> per portion.	2.75
<b>Plain Naan</b> Indian bread baked in a clay oven.	2.75	<b>Papadom</b> Plain or spicy, wafer thin fried crisp.	0.95
<b>Peshwari Naan</b> Sweet, stuffed with nuts and cream.	3.50	<b>Chutney &amp; Pickles</b> Per portion .	0.95
<b>Chilli Naan</b> Hot, stuffed with chillies.	3.50		
<b>Keema Naan</b> Stuffed with spicy minced lamb.	3.50		

## Soft Drinks

<b>Britvic J20</b> Orange & passion, apple & mango, apple & melon, apple & raspberry.	2.95	<b>Diet Coke</b> 1.75 ltr.	3.75
<b>Britvic 55</b> Sparkling orange, sparkling apple.	2.95	<b>Tango Orange</b> 1.5 ltr.	3.75
<b>Coca Cola</b> 1.75 ltr.	3.95	<b>Lemonade</b> 1.5 ltr.	3.75
		<b>Orange or Pineapple Juice</b> 1 Ltr carton.	3.50

## Indian Ice Cream

<b>Kulfi</b> Indian ice cream. Almond, mango or pistachio flavours.	2.95
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## Roast Kurzi Lamb (Meal for 4)

Roast leg of lamb with trimmings  
**£99.95**

## Roast Kurzi Chicken (Meal for 2)

Whole Chicken with trimmings  
**£49.95**

(Please order 24 hours in advance)  
**(DINE IN ONLY)**

**We cater for parties or any special occasions on request**

24 hours notice must be given.

## Food Allergies

If you suffer from any food allergies, ie, nuts or dairy products etc, please let us know before placing your order.

Alternative dishes can be prepared on request. All dishes can be altered to suit your preferences. The management reserves the right to refuse service, without giving any reasons.

We would welcome any suggestions you may have on improving our service. Cheques accepted with a valid bankers card. Prices are subject to change without prior notice.

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**Authentic Indian Cuisine**

Air-Conditioned Restaurant



**We can cater for large private functions**

## Free Home Delivery Service

Minimum order £15.00 within 4 mile radius  
Flitwick, Toddington, Harlington, Westoning, Ampthill, Greenfield, Pulloxhill, Flitton & Silsoe

## 10% Discount

On Takeaway orders over £15.00  
(Collection only)

## Gourmet Set Meals

From Monday - Thursday: Dining in only  
Choose from our extensive A La Carte Menu:

**1 Starter, 1 Main Dish,  
1 Side Dish, 1 Rice or Naan**

Only **£15.95** per person

Specialities, lamb chops & mixed grill dishes £2.50 extra  
Dishes £9.75 or over £2.50 extra  
King Prawn & Fish dishes £3.50 extra.

**We do not sell alcohol in the restaurant.  
However please feel free to bring your own alcoholic drinks. (No corkage applies).**

We are open all Bank Holidays

1a Vicarage Hill, Flitwick, Bedfordshire MK45 1HZ

Telephone: (01525)

**721705 ~ 721706**

www.flitwickspice.co.uk

## Appetisers

<b>Onion Bhaji</b> Fried onion balls.	3.95	<b>Spice Fish Cakes</b> Lightly spiced minced fish with spring onions, coriander & hint of chillies.	5.25
<b>Samosa</b> Pastry filled with minced lamb or vegetables.	3.95	<b>King Prawn Suka</b> Cooked in delicious honey & tangy tamarind sauce.	6.50
<b>Prawn Puri</b> Lightly spiced bhuna prawns on fried bread.	4.95	<b>Garlic &amp; Red Onion King Prawns</b> King prawns lightly spiced & stir-fried with garlic, red onions & red pepper.	6.50
<b>King Prawn Puri</b> Lightly spiced bhuna king prawns on fried bread.	6.50	<b>Garlic Mushrooms</b> Lightly spiced mushrooms highly flavoured with garlic.	4.50
<b>Chicken Tikka</b> Marinated chicken pieces barbecued in the tandoori oven.	4.50	<b>King Prawn Butterfly</b> Prepared with spicy batter fried with breadcrumbs.	5.75
<b>Lamb Tikka</b> Marinated lamb pieces barbecued in the tandoori oven.	4.50	<b>Chicken Chaat</b> Highly flavoured sliced chicken.	4.50
<b>Tandoori Chicken</b> Spring chicken pieces marinated and barbecued in clay oven.	4.50	<b>Prawn Cocktail</b> Fresh prawns topped with seafood dressings.	4.50
<b>Sheek Kebab</b> Spicy minced lamb barbecued.	4.50	<b>Chilli Paneer</b> Tangy tamarind, chilli flavoured sauce	5.50
<b>Mixed Kebab</b> Selection of barbecued chicken, lamb & sheek kebab.	4.95	<b>Spicy Wings</b> Hot & Spicy	4.95
<b>Tandoori King Prawn</b> Marinated & barbecued king prawns in clay oven.	6.50	<b>Chicken Tikka Special</b> In tangy tamarind & honey sauce	5.50
<b>Tandoori Chops</b> Pieces of lamb chops marinated & barbecued in clay oven.	5.95		

## Tandoori Dishes

Prepared in a clay oven. Delicately spiced and marinated overnight. Served in a hot sizzler with side salad and a delicious yoghurt sauce.

<b>Chicken or Lamb Tikka</b>	8.95	<b>Tandoori Lamb Chops</b>	11.95
<b>Tandoori Chicken</b> Half a spring chicken (2 pieces) marinated & barbecued in the oven.	8.95	<b>King Prawn Shashlick</b> Marinated king prawns grilled with onions, tomatoes and capsicum.	14.50
<b>Tandoori Shaslick</b> Chicken or lamb grilled with onions, tomatoes & capsicums.	9.95	<b>Tandoori Spicy Wings</b> Hot & Spicy	9.95
<b>Tandoori Mixed Grill</b> Selection of chicken tikka, lamb tikka, spring chicken & sheek kebab.	12.95	<b>Machli &amp; Sabji Kebabs</b> Marinated fish cubes grilled in tandoori oven with red onion & fresh vegetables.	11.95
<b>Tandoori King Prawn</b> King prawns marinated & barbecued in the tandoori oven.	13.50		

## Biriany Dishes

Prepared with flavoured basmati rice, accompanied by a vegetable curry sauce.

<b>Chicken or Lamb Biriany</b>	9.95	<b>King Prawn Biriany</b>	13.50
<b>Vegetable Biriany</b>	8.95	<b>Chicken Tikka Biriany</b>	10.50
<b>Prawn Biriany</b>	10.25	<b>Special Mixed Biriany</b>	10.95

## Spice Specialities

<b>Tikka Massala</b> Pieces of barbecued chicken or lamb in a specially flavoured yoghurt sauce.	9.95	<b>Chicken or Lamb Passanda</b> Marinated in a creamy yoghurt sauce with ground nuts.	9.95
<b>Tikka Bhuna</b> Barbecued chicken or lamb cooked in a special spicy thick sauce with tomatoes.	9.95	<b>Muglai Chicken</b> Spring chicken in a specially flavoured yoghurt sauce with fruits and cream.	9.95
<b>Butter Chicken</b> Barbecued chicken in a creamy sauce with ground nuts and Indian butter.	9.95	<b>Chicken or Lamb Tikka Jalfrezi</b> Cooked in a fairly hot and spicy sauce with onions, capsicum and fresh chilli.	9.95
<b>Chicken or Lamb Achar</b> Spicy bhuna curry with a pickled flavoured sauce.	9.95	<b>Chicken or Lamb Korai</b> Highly flavoured, cooked with tomatoes & capsicum.	9.95
<b>Chicken or Lamb Jeera</b> Cooked in thick sauce, highly flavoured with dry roasted cumins.	9.95	<b>Garlic Chicken Tikka or Lamb Tikka</b> Cooked with fried onions, garlic & coriander, sizzling in butter.	9.95
<b>Keema Bhuna</b> Spicy minced meat.	9.95	<b>Chicken or Lamb Hasina</b> Tikka pieces cooked in special sauce with onion, capsicum & chillies.	9.95
<b>Special Chilli Masala</b> Chicken or lamb tikka pieces prepared in hot chilli & coriander sauce.	9.95	<b>Chicken Silsila</b> Specially marinated breast fillets in a rich textured creamy sauce.	9.95
<b>Chicken Delight</b> Breast fillets in a sweet & creamy sauce flavoured with fresh coriander & garlic.	9.95	<b>Tandoori King-Prawn Korai</b> Highly flavoured with fresh herbs cooked with tomatoes and capsicum.	14.50
<b>Mango Delight</b> Breast fillets in a sweet & creamy mango flavoured sauce.	9.95	<b>King Prawn Delight</b> Cooked in a sweet & creamy sauce flavoured with fresh coriander & garlic.	14.50
<b>King Prawn Masala</b> Barbecued king prawns prepared in specially flavoured yoghurt sauce.	14.50	<b>Special Garlic King Prawns</b> Lightly spiced king prawns in highly flavoured garlic & coriander sauce.	14.50
<b>King Prawn Silsila</b> Specially marinated king prawns in a rich textured creamy sauce.	14.50	<b>Spice Lamb Chops Zafrani</b> Tender lamb chops in spicy sauce with red onions, red peppers & chillies.	12.95
<b>King Prawn Chilli Masala</b> King prawns prepared in fresh hot chilli and coriander sauce.	14.50	<b>Spice Lamb Shanks</b> Melt in your mouth lamb. (When available)	14.50

## Spice Fish Specialities

Dishes created using the best of Bangladeshi fresh water fish.

<b>Machli Delight</b> Delicately spiced fillet of fish in a sweet & creamy sauce with a hint of butter.	11.95	<b>Machli Hot Masala</b> Exquisitely spiced fillet of fish in a spicy hot sauce.	11.95
<b>Garlic Fish Tikka Masala</b> Classic masala dish with garlic flavoured fillet of fish.	11.95	<b>Machli Biran</b> Fillet of fish pan fried, served on bed of stir-fried red onions & fresh vegetables	11.95

## Spice Balti Specialities

"Balti" describes dishes which are unique & exquisitely flavoured with exotic ingredients achieving a sweet and tangy taste as well as being fairly spicy.

<b>Spice Balti Special</b> Barbecued chicken in special sauce with a spicy minced lamb topping.	10.95	<b>Garlic Balti Tikka Masala</b> Classic masala dish, flavoured with garlic and coriander in balti sauce.	10.50
<b>Chicken or Lamb Balti</b> Chicken or Lamb in special balti sauce.	9.95	<b>King Prawn Balti</b> Spicy king prawns in balti sauce.	13.95
<b>Balti Royal Bangalore</b> Chicken or lamb pieces in balti sauce, fairly hot, sweet & sour with lentils.	10.25	<b>Vegetable Balti</b> A variety of fresh vegetables in special balti sauce.	8.50
<b>Balti Royal Delight</b> Breast fillets in special balti sauce blended with rich textured creamy sauce.	10.25	<b>Garlic Chicken or Lamb Balti</b> Chicken or lamb highly flavoured with garlic and coriander in balti sauce.	10.50
<b>Balti Royal King Prawn Delight</b> King prawns in special balti sauce with a rich textured creamy sauce.	14.50	<b>Garlic King Prawn Balti</b> Spicy king prawns flavoured with garlic and coriander in balti sauce.	14.50

## Classic Dishes

<b>Korma</b> A mild dish served in a sweet and creamy sauce.		<b>Dansak</b> Hot, sweet and sour in a thick sauce with lentils.	
<b>Madras</b> A fairly hot dish cooked in a spicy sauce.		<b>Saag</b> Prepared with fresh spinach and medium spices.	
<b>Vindaloo</b> Cooked with pieces of potatoes in a very hot sauce.		<b>Methi</b> Highly flavoured with fenugreek, herbs & spices.	
<b>Bhuna</b> Served in a spicy medium thick sauce.		<b>Lemon</b> Medium spiced with fresh lemon and ginger.	
<b>Rogan</b> Cooked with lashings of tomatoes and capsicum, herbs and spices.		<b>Kashmir</b> Mild and creamy sauce with pineapple and lychees.	
<b>Dupiaza</b> Medium spiced with fried onions topping.		<b>Garlic</b> Special thick sauce, highly flavoured with garlic.	
<b>Pathia</b> Hot, sweet and sour dish cooked in a thick sauce.		<b>Jalfrezi</b> Fairly hot cooked with onions, capsicum and green chillies.	

<b>Chicken</b>	£7.95
<b>Lamb</b>	£8.50
<b>Chicken or Lamb Tikka Prawn</b>	£9.95
<b>King Prawn</b>	£8.50
<b>Vegetable</b>	£11.95
	£7.50